



DEMENTIA FRIENDS

Workshop Series

Approximately 160,000 North Carolinians age 65+ are living with Alzheimer's. Become a Dementia Friend by learning about dementia and the small ways you can help.



Attend our four-part Dementia Friends workshop series:

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| March 20, 2018 | Dementia 101 <i>(Everything you wanted to know but were afraid to ask)</i> |
| March 27, 2018 | Dementia Friends <i>(How to support those in our congregations and community)</i> |
| April 3, 2018 | Legal Considerations <i>(An Elder Law Attorney will explain key legal decisions that families of persons with memory illness may face)</i> |
| April 10, 2018 | There Is Help <i>(Services and supports for families and caregivers of persons with memory illness)</i> |

To accommodate family schedules, each workshop is offered at 2:00 p.m. and again at 7:00 p.m. All 2:00 p.m. sessions will be held at the John & Dorothy Crawford Senior Center. All 7:00 p.m. sessions will be held at the Macon County Public Library. **ALL WORKSHOPS ARE FREE AND OPEN TO THE PUBLIC.**

This workshop series is sponsored by Hickory Knoll United Methodist Church, its partner churches, and the Southwestern Commission Area Agency on Aging. The series is made possible through a Missional Engagement Team Grant of the Smoky Mountain District of The United Methodist Church and with the support of our partners: the Macon County Public Library, Angel Medical Center, Macon County Department of Social Services, and Macon County Senior Services.

